



Lent Rise Matters – the info sheet for Lent Rise Methodist Church



Sunday Services:

Every Sunday 10:30am

Third Sunday Holy Communion 10:30am Rev Vicci Davidson

First Sunday Evening Worship 6:30pm Rev Vicci Davidson

Wednesday Morning:

Last Wednesday each month 11:00am Rev'd Vicci Davidson –
A short service for our community

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Services in the coming weeks:

**Sunday 4th January 2026 10:30am – Neville Walton
18:30 Revd' Vicci Davidson**

Sunday 11th January 10:30am Joe Bullen

Prayer Cards

If you would like to ask for prayer for a specific person or event, please complete a prayer card, to be found on the table at the entrance to the Church.

*Please hold in your prayers: Bill and Marilyn, Jo and Andrew, Pat, Julia, Sheila, Stefan
The Toffa family, Ed, Hannah, Eleni, the Tindall family.*



If you are new here today and would like to keep in touch please look out for one of our yellow Welcome Cards, enter your details and hand the card to a Steward.

This week in Burnham Methodist Church:

Monday Club for Senior Citizen's from Burnham Community Association.

Wednesday The Meeting Place from The Well@Lent Rise from 9:30am – 12midday. A place for all ages to come and simply be, with coffee or tea, cake and a special warm welcome.

Thursday CAMEO lunch club for Senior Citizen's from 12:00midday. For more information or to book please speak to Jo Webb.

Friday 10:00am Bible Study led by Rev'd Vicci next meeting will be in January.

Friday 10-30 finishing by 2 pm, The Well@Lent Rise Light lunch club. This latest project is hosted by Kim (07469879199 for further details).

Geese is the Circuit youth group for discussion over food. This is a free activity for anyone in the circuit aged 12 - 19 and is led by Vicci and Sophie at Windsor Methodist Church from 6 - 7:30 pm on alternate Fridays. Geese will resume after the Christmas holidays on the 9th of January, 2026

Thought for the week

Friends

Happy New Year to you all! I hope that it has been a good Christmas period for you and I expect that you and I both are settling down to that period of time in the New Year where the holidays have passed, but we are still occasionally caught out and end up writing 2025 when we meant 2026.

Over the Christmas holiday, I have been re-reading a book called “Thinking, Fast and Slow” by Daniel Kahneman and I have been particularly interested in what he calls “brain priming”. This works on the idea that our brains work differently depending on our starting point. So for example, if I ask you if you prefer a bath or a shower and then show you the letters “S O – P” you are more likely to think that the missing letter is “A”, whereas if I talk to you about lunch preferences, you are more likely to think that it is “U”. It’s the same phenomenon that means if you ask someone to spell “toast” three times and then ask them what you put in the toaster, they will usually say “toast” whereas the answer is “bread” or if you ask them to spell “milk” three times and then ask them what cows drink, they will answer “milk” whereas the answer is “water”. Brain priming has been understood as mediated through jokes/brain teasers like these for years, but perhaps only now has it been scientifically observed and analysed. What it means for us as Christians is, I think, quite significant. If we start the day with prayer and Bible reading, and the week with worship and listening to a thought-provoking sermon, we prime our brain to be open to the activity of God. If spelling “milk” three times makes us more likely to assert that “milk” is what cows drink, think how more keyed in to the presence of God we are likely to be if we have started our day and week with thinking about him. The more we pray, the more we are opening our minds to both ask and answer the question:

“Where was God in that?”

I don’t think that it is helpful for us to suddenly embark on a two hours a day prayer and Bible Study habit if we are used to the occasional prayer time and some quick arrow prayers in times of need, but I do think that the concept of “brain priming” does help us understand one of the reasons why regular prayer, Bible Study and Church attendance is good for us.

God bless, Vicci

Prayers and Prayer Pointers – There were no Prayer Points published this week.

Many of us are shopping online these days and the Church has signed up to a site through which some of our most loved retailers will give us a donation every time we shop.

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1. Visit the link below Search for Burnham Methodist Church
2. Your favourite brands will donate when you shop with them. This includes Booking.com; ebay; M&S; Curry's; TUI; BT and John Lewis www.easyfundraising.org.uk/support-a-good-cause